

2005



2006

**Sunday May 14th 2006
League Cup / Plate / Lisa Slater Memorial Shield Finals:**

**League Cup 3.00pm Kick Off
Haringey Borough vs Norwich Canaries**

**League Plate 1.00pm Kick Off
AFC Kempston Rovers vs Sawbridgeworth Town**

**Lisa Slater Memorial Shield 11.00am Kick Off
Godmanchester Rovers vs Stanway**

ERWFL Officers 2005-2006

Chairman

Dave Dawson

Vice chair

Yvonne Chapman

Secretary

Alex Franklin

Fixtures

Helen Hoyer

Registrations / Treasurer

Bill Servey

Competitions

Alan Burge

Registration Satellites

Andy Bliss

Maria Rudd

Les Ramsey

Yvonne Chapman

Liaison

John Bacon

End of season 7-a-side tournament & ERWFL Presentation Evening

Saturday June 3rd 2006

@

Burton Park, Kettering

The Eastern Region Women's Football League is going to host a 7-a-side tournament which will be open to all registered clubs within the region. Teams can be up to 12 players strong where you can play any 3 from 5 substitutes named. Normal small sided game rules (yet to be finalised) will be sent out prior to the tournament.

After the day tournament the end of season Presentation Night will take over until late at the same venue. You will be able to pitch a tent (small cost per person charged) or there are some local hotels that the ERWFL are trying to get at reduced rates for the one night stay.

Please apply to: Alex Franklin for application 01536-726556

Possible League Constitution 2006-2007

(correct at time of going to print)

Premier Division

Dagenham & Redbridge

Peterborough

Barking

Cambridge City

Woodbridge Town

Cambridge United

Haringey Borough

Cambridge University

Fakenham & Aylsham

AFC Kempston Rovers

Haverhill Rovers

Royston Town / Sawbridgeworth Town / Brentwood Town

Division One West

Sawbridgeworth Town / Royston Town

Stevenage Vixens

Barton Rovers

Kettering Town

Cambridge Rangers

Cottenham United

Stevenage Borough

Godmanchester Rovers

Kings Sports

Huntingdon Town

Arlesey Town

Bedford & District

Division One East

Brentwood Town

Stanway

Chelmsford City

Hethersett Athletic

Kings Lynn

Kirkley

White Horse Seltic

Mulbarton Belles

Barchester

Lakenheath

Concord Rangers



Chairman Dave Dawson

Well it's the end of another season and in some ways it has been the beginning of another era all in the one year. We started this season as part of a full pyramid of women's football which was seeing the final link up with the County Leagues so that the natural progression upwards and downwards could be achieved. At the end of this season we will see clubs relegated for the first time out of the Region but we will also see clubs promoted into the Region from the counties. It was a major task to undertake at the beginning but the management team that heads the Eastern Region have I believe surpassed the task given.

Now onto today, our end of season finals always seems to culminate in three good games that sometimes have the spectators on the edge of their seats. Unlike last year when most of the spectators were left clambering for cover as the heavens opened and we were given snow, sleet, and rain plus glorious sunshine for the afternoon.

Our opening game sees a game that pitches West versus East as Mid-Table West side Godmanchester Rovers takes on Stanway in the Lisa Slater Memorial Shield. Our second offering sees the West of the Region battle out for the League Plate. These two teams AFC Kempston Rovers and Sawbridgeworth Town both featured in the finals last season and have fought throughout the season to secure the top spot of the Division One West. With AFC Kempston Rovers securing the top spot could they be on for the League and Plate double. Our main event the Eastern Region League Cup again sees the possibility of a double being done. Premier Division Champions Norwich Canaries play mid-table Haringey Borough. The possibilities are there for three great finals only the competing teams can now make that happen, good luck to you all.

At this time I would like to thank all the officials for today's games we very much appreciate your time that you have given throughout the season as well as today for ladies football. We also have to thank Chris Abbott who has once again come up trumps with the facilities here at Soham Town Rangers FC. This is our third time we have used these facilities and our second in successive seasons and we are more than happy with them and the hospitality shown to us by the Soham team of officers. It would be wrong of me not to mention at this point Mike Gwilliam who sadly passed away not so long ago. Mike was a behind the scenes worker for the Region being our FA Representative along with being Vice Chairman of the South East Combination League as well as being heavily involved with Sophtlogic and Stowmarket FC. Mike was a gentleman, and supported the women's game throughout all he did. We will miss his overall good nature and his presence that he gave in all he did. He will be and is sadly missed.

So finally I would like to mentioned those unsung hero's the management committee of the Eastern Region Women's Football League. As chairman I get asked various questions as expected and in most cases I can answer them, but in all cases I will refer to the team that supports me. I am also aware that the same happens when they are asked a question as they in turn ask the rest of the committee as well. The top table team work very hard to give you what we think is the best run region in the UK. I don't know if I am right in that statement but so far no one has proved me wrong. Have a great day.

Dave Dawson
Chairman

At the time of going to print **Sophtlogic** who are being relegated along with **Dagenham & Redbridge** from the South East Combination League have not applied for entry to the Eastern Region. Should this happen then we would liaise with the Football Association as to how we would accommodate both teams being relegated into our Premier Division.



Secretary Alex Franklin

Well here we are at the end of another enjoyable and fruitful season for some and tense and distressing season for others.

We as a league have been fortunate enough to be at the forefront of changes to the pyramid system of ladies football, and have this year ran with the proposals put forward by the FA.

As is always the case in these situations we are sadly having to say farewell to some teams who have given good service to the league and wish them well in their endeavours in the county leagues, and say welcome to new member teams who have won their way to enjoy the competition put to them by the region.

We have also lost this year one of the quiet men behind the scenes at the league MIKE GWILLIAM who was the leagues FA representative and South East Combination League Vice Chairman who has passed away, but will be sorely missed by more than a few people.

Today's games see teams from different counties taking part which just goes to show that there is no one county that can really claim to be the power base of the region.

The Lisa Slater Memorial Shield sees GODMANCHESTER ROVERS from Division One West take on STANWAY from Division One East in what should be an exiting curtain raiser for the day.

The League Plate sees KEMPSTON ROVERS back for finals day for the second year running and in only their second season in the league. Their opponents today are SAWBRIDGEWORTH TOWN last years plate runners up who no doubt would like to put that particular ghost to rest.

Last but by absolutely no means least the League Cup Final itself sees for the 6th year running a team hoping for the league and cup double. NORWICH CITY CANARIES who we wish well in the combination league next season will be taking on HARINGEY BOROUGH who have recently endured a arson attack at their home ground and will no doubt enjoy today as a way of putting that behind them.

As a man of very few words (as those of you who have been to the league meetings will agree?) May I just say good luck to all of today's teams.

Alex Franklin
Secretary

The Eastern Region Women's Football League

Annual General Meeting
will be held at

The Royal British Legion Hall
On Monday 19th June 2006.
7.30pm Sharp.

Items to discuss and agree upon:
2006-2007 Constitution.
Rules.

Appointments:
Fixture Secretary
FA Representative
Minutes Secretary
Interested, Contact Alex Franklin

The Road To Soham Lisa Slater Memorial Shield

To get to this competition clubs have to have been unlucky enough to fall out of the first two rounds of the League Cup to go into the League Plate and then be unlucky to fall out of the first two rounds of the League Plate to get into the Lisa Slater Memorial Shield. The Shield was donated by the family of Lisa Slater who died after a training session whilst with Harlow Town Ladies (who are now Sawbridgeworth Town). Lisa was a promising 21 year old who lived for sport of all kinds, was a champion cross country runner and hill walker. Although the cause of death was not specific the final outcome was that she died of 'Adult Cot Syndrome'. Being the manager at the time it was a traumatic experience that has stayed with me all those years, so every year we play for this trophy the memories come flooding back. I hope all competing teams now understand why the trophy is played for.

Dave Dawson (Chairman)

	2	
Godmanchester Rovers	2	
	1	Godmanchester Rovers
Arlesey Town	1	
	4	
Kings Lynn	4	
	2	Stanway
Kings Sports	2	
	7	Stanway
Stanway	7	



Competition Secretary Alan Burge

Hi Everyone,

It's May again and the Cup Final day is upon us. Well done to the teams who have made it here today. In the Memorial Shield we have Godmanchester against Stanway, this should be a good game this morning to get proceedings underway. Secondly we have arguably the best game of the day in the Plate where AFC Kempston take on Sawbridgeworth Town - I wouldn't like to predict a winner between these two highfliers from Division One. This afternoon we see Premier League leaders Norwich Canaries take on Haringey Borough who are having their best season for some time, so this should be a keenly fought contest.

Thanks must go to Chris Abbott and all at Soham Town Rangers FC who are kindly allowing us to use their superb facilities for a second year. If it's half as good as last year, we are in for a great day!

For me, this will be my last finals day as competitions secretary. I will be standing down after 5 years in the job. I have had an enjoyable time staying involved with women's football after completing 14 enjoyable seasons as manager of Pye Ladies. In this time I have met many friends throughout the region from other teams and more recently the League Committee, with whom I have been working.

As manager of Pye Ladies I have seen huge changes in women's football since I became manager in 1987. We used to be the only team in Cambridge when there weren't that many players around, and any newcomers would come to us. Some could play football but a lot couldn't and they would either stay and learn during training or drift away after a couple of weeks. A lot of people didn't take women's football seriously in those days and frequently the old jokes (e.g. do you swap shirts at the end ...etc. etc.) used to be cracked. Even some referees didn't take the games that seriously at times. Now however, there are many more women's teams around with academies and the like. And with girl's football in schools today women's football is taken far more seriously by most people - there are more than enough players for everyone. You don't hear the jokes now either come to think of it. I also had two spells as Cambridgeshire County women's manager, the first one being the season Cambridgeshire first introduced a women's county team. It was good fun breaking new ground and playing other counties for the first time, I think we got some decent results along the way as well. I was asked back to do a second spell several years later this time though the results didn't go as I would have liked, but I enjoyed it all the same.

So as I said at the start, after 19 years involved in women's football I am finally cutting my ties to pursue other interests, taking with me many fond memories.

My fellow committee members Dave, Alex, Bill, Yvonne and Helen are all great people and good friends, the league is very lucky to have such dedicated people running it.

However, before I finish I would like to pay a personal tribute to Dave Dawson, the League Chairman and manager of Sawbridgeworth Town. I first met Dave many years ago when he was manager of Harlow Ladies and our teams used to play each other. Since then we have become good friends and always kept in touch, sometimes having lengthy chats on the phone talking football before one of us remembered the phone bill and we cut it short! Dave has helped me a lot in my job as Competitions Secretary and has also given me assistance occasionally with Pye Ladies. On top of his Club commitments the amount he takes on as League Chairman is amazing. You name it he has done it, and always with a smile on his face. Dave is a remarkable man and the league is very fortunate to have him as their chairman; and for me to be able to call a friend!

Back to today, I would like to thank all the referees who have given up their time to be here. We must remember without these people we would have no games today. So please respect their decisions at all times, they, like you have come here today to enjoy themselves and don't want people shouting at them anymore than you do. I would like to wish all the teams the very best of luck in their respective matches and as always may the best team win.

Finally, however your team does today, please make sure you have a great day... I'm sure you will !!!

*Alan Burge
Competitions Secretary*

Godmanchester Rovers



The Eastern Region League Tables At Time of Going to Print

Premier Division

Team	pld	w	d	l	f	a	pts
Norwich Canaries	22	19	0	3	98	16	57
Peterborough	22	15	4	3	78	21	49
Cambridge City	20	12	4	4	51	23	40
Barking	22	12	4	6	52	41	40
Woodbridge Town	22	12	2	8	56	41	38
Cambridge United	22	10	4	8	54	35	34
Haringey Borough	19	9	3	7	60	36	30
Cambridge University	21	9	3	9	53	44	30
Fakenham & Aylsham	22	4	4	14	25	69	16
Royston Town	21	2	7	12	27	47	13
Stevenage Vixens	21	4	1	16	32	111	13
Barton Rovers	22	2	0	20	9	111	6

Division One West

Team	pld	w	d	l	f	a	pts
AFC Kempston Rovers	20	16	2	2	64	24	50
Sawbridgeworth Town	22	14	5	3	52	13	47
Kettering Town	22	13	2	7	78	52	41
Cambridge Rangers	21	12	5	4	51	32	41
Cottenham United	22	9	8	5	51	26	35
Stevenage Borough	21	10	5	6	41	23	35
Godmanchester Rovers	22	9	2	11	58	41	28
Kings Sports	22	7	6	9	40	39	27
Huntingdon Town	22	7	3	12	28	71	21
Arlesey Town	22	5	3	14	35	61	18
Hoddesdon Owls	22	4	3	15	30	59	15
Hitchin Hearts	22	1	2	19	24	111	5

Division One East

Team	pld	w	d	l	f	a	pts
Haverhill Rovers	20	14	4	2	69	17	46
Brentwood Town	20	14	3	3	101	24	45
Stanway	19	13	2	4	83	26	41
Chelmsford City	20	13	2	5	63	28	41
Hethersett Athletic	20	12	4	4	48	29	40
Kings Lynn	18	9	5	4	58	33	32
Loddon United	20	8	2	10	45	35	26
Kirkley	20	5	1	14	26	105	16
White Horse Seltic	20	3	2	15	18	64	11
Mulbarton Belles	20	3	2	15	21	76	11
Criminal Justice Unit	19	0	1	18	4	99	1

Today's officials:

League Cup

Referee:-	M.McLaughan (3)	Beds
Assistants:-	T.Brooks (5)	Suffolk
	J.Thornton (6)	Cambs)

League Plate

Referee:-	A.Shipley (4)	Norfolk
Assistants:-	I.Powell (6)	Suffolk
	M.Gough (7)	Cambs

Lisa Slater Memorial Shield

Referee:-	M.Bampton (4)	Suffolk
Assistants:-	B.Humphries (6)	Beds
	P.Sturman (7)	Norfolk

Stanway

History

Stanway L.F.C was formed in 1992 by the then Deputy Head of the Stanway School as an answer to requests from pupils. They played in School leagues until 1995 when they entered the Eastern Region and were promoted to the Eastern Region Division 1 in 1996 where they remain today.

Stanway

Pen Pictures

Clare Maller

Lauren Richardson

Louise Gaskin

Emma Parker

Michaela Nelson

Jenny Sharpe

Kelly John

Selina Clarke

Sarah Bamfield

Claire Oakley

Nicole Chater

Sophie Alexander

Emma Bamfield

Kath Craske

Debbie Batey

Rachel Grayson

Debbie Green

Debra Morley

Hayley Debbage

Norwich Canaries



Norwich Canaries

Pen Pictures

- Sarah Quantrill - A great shot stopper who is also great in the air and very agile. Uses her intelligence to distribute the ball early for quick play.
- Jo Hooper - Great vision distributing the ball out early and very vocal. A good shot stopper, Very lively character
- Jackie Payne- A very experienced player who has a lot to offer. She always gives 110% and never gives up a fight. Who wishes she was ten years younger coz her old legs just won't go like they use to!!!
- Beth Bygrave - A very dangerous attacking midfield player who will always score goals. Great in the air and superb at set pieces. Bend it like Bygrave!
- Bex Burton - An unselfish player who works very hard on and off the ball with great eye for goal, always giving 110%. She can hold the ball up for others to be played in, and is a very dangerous player coming forward.
- Stevie Gedge- A player with great vision on the ball, hard working and can score goals. She can also be dangerous coming forward and always tries to get others involved
- Bex Eagling- A strong player, who can cross a ball well and does a lot of running on and off the ball. She is also dangerous coming forward when in an attack
- Emma Hastings- A very experienced player who has great vision on and off the ball and look's to get others involved as a play maker. She can hold the ball up well and works hard for the team. A very lively character in the team.
- Kari Ward - A great goal scorer who comes up with match winning goals. She is very strong when on the ball, either dribbling or crossing.
- Hayley Collision - A sound and solid defender who leads by example and is very comfortable on the ball, always giving 110%
- Helen Emmerson- A very strong defender who is good in the air and great in dead ball situations
- Vicki Fusco- An aggressive and strong defender who always puts her all in, with a never quit attitude.
- Fran Lambert - A very lively member of the squad, who has quick feet and trickiness, as well as a good cross. Winning is everything attitude
- Luka Goodfield - A player with good vision and awareness on the ball and quick feet. She works hard for the team always look's to be an option for others.
- Valia Barsley – A sound and strong defender, but is able to hold the forward line as well. A player who attacks the ball well in defensive or attacking situations.
- Hayley Martin – A strong midfielder, who has ability to pass the ball over distances to change defence to attack quickly. She is not afraid to have a shot from distance
- Jo Haynes – A lively new member to the squad and is now beginning to find her feet in the team with her trickery.

Stanway



AFC Kempston Rovers

History

AFC Kempston Rovers 2005-2006

This is AFC Kempston Rovers second season in the Eastern Region and it has seen them build on their performance last year after losing in the play-offs and plate competition.

The team made a strong start to the season and have not looked back; they have consistently been in the top half of the table and are strong contenders for the automatic promotion place from Division One West.

Pen Pictures

Gemma Garner (Goalkeeper) – Gemma has continued to provide a solid and consistent base for the team in this position, this has provided the team with the confidence it needs to have in its goalkeeper.

Mim Folkes (Defender) – Mim has proved she is a consistent defender who is a match for any forward and has played a big part in the teams overall performance.

Sarah Higgins (Defender) – Another excellent season for Sarah who has provided the basis of the defence around which so many results have depended.

Tracy White (Defender) – Tracy has played a big part in the teams performance this season and provides valuable experience and knowledge of the game.

Robyn Merryweather (Defender) – Robyn has struggled with injuries this season but has continued to provide a solid performance in any position she has been asked to fill.

Ally Cox (Defender/Midfield) – An experienced player who is able to adjust to any position, Ally has also suffered with injuries this year but brings experience and understanding of the game to the team.

Fizz Foley (Midfield) – A consistent midfielder who has been a consistent foundation for the team and provides experience, flair and support to players around her.

Nina Brown - Captain (Midfield/Forward) – Nina is a good all round player and goal scorer. She has supported and encouraged the team to achieve the results it has in some of the more difficult games. A regular county team player.

Norwich Canaries

History

Norwich City Canaries

Norwich City Canaries were formed in 2001 and are the women's section to Norwich City Girls FC who were formed in 1999.

The addition of the women's section was established due to the growth of the Girls section and girls wishing to continue playing for their local club.

The Club now has 7 Girls and 1 Women's team who have just gained promotion to South-East Combination League. Last season saw the team gain promotion through the play-offs from the Eastern Region Division 1 East League. This Season has seen the development of the team and the winning of the Eastern Region Premier Division.

The team has gone a step further this season by reaching the final of the League Cup. Last season saw the team go out at the Semi-final stage and are looking to complete the League and Cup Double.

The previous meetings between Norwich City Canaries and Haringey Borough have seen the Canaries victorious. The team knows that they are in for a very tough game as there is everything to play for in the match.

Haringey Borough LFC



AFC Kempston Rovers

Nina Bradbury (Midfield/Forward) - Nina provides the other half of the midfield foundation and the midfield area has proved its worth to the team this season. Nina can be relied upon to give maximum effort throughout any game and this has paid off this season for the team with Nina playing some of her best football this year.

Sally Dayus (Midfield/Forward) - Sally 'carry out' has continued to build on her performance with each game and has supported and scored many of this years goals.

Tracey Kup-Ferroth (Midfield/Forward) - Another good season from Tracey who continues to make any game difficult for those who have to mark her. Tracey is challenging again to retain her title as top scorer for the club and looks like achieving it.

Mary Bradley (Forward) - Mary has spent most of the season injured but when she is fit she brings experience and an ability to score goals upon request.

Haley Reynolds (Forward) - Haley is a challenging forward and goal scorer who troubles defenders and goalkeepers alike with her speed, skill and goal scoring talent, Haley is able to score goals from what often appears to be 'lost' balls and this has been a major boost for the team this year. Another regular county team player.

Jaki Whittred (Defender) - Jaki has made a full return to playing this season and has stamped her style on the team, making herself a regular player throughout the season.

Claire Murphy (Midfield) - Chippy can be relied upon to play in any position needed and has had some valuable performances despite playing only a small number of games for Kempston.

Helen Turner (Defender/Midfield) - Turnip has joined the team this season and has brought experience to the team that has provided another playing option.

Carm Milazzo (Midfield/Forward) - Carm has rejoined Kempston this year and has quickly found a return to her skills and ability. She is able to offer valuable playing ability and has helped support many of this t-years goals as well as scoring herself.

Rachel Freer - (Defender/Midfield) - This is her first season at Kempston and she has played some valuable games and offered great support to her fellow team mates.

Amanda Ward (Coach/Assistant Manager) - Panda has joined Kempston this year and has provided some valuable coaching and support to the team.

Angela Curtis (Manager) - Another good season as Kempston manager. Her inspirational team talks and motivational techniques have seen the team go from strength to strength. The team have played well and always in the true spirit of the game.

AFC Kempston Rovers



Haringey Borough LFC

Pen Pictures

Tracey Cohen 38 Strong central defender or full back. Founder member originally with Mill Hill United and rarely misses a game. Club Captain and rightly respected by all both on and off the field.

Danielle Napier 16 Made the 'keepers spot her own in this her first full season with the Club but sustained training injury in March. Very acrobatic shot stopper

Karla Parker 28 Tough no-nonsense full back who joined the Club in 2003. Has persevered and worked hard to improve her game and now justly first choice right back

Valene Simon 23 Fast skilful defender originally a full back but now to be found in the centre of defence. Shields the ball well with fine close control and likes to make powerful forward surges. Joined Club at end of 1999/2000 season and virtually ever present since.

Carries-Ann Layton 18 Very versatile player; who joined in 2004/05. A superb reader of the game who can play anywhere and now a regular in the centre of the back four. Drops back to "sweep" when sensing danger. As an attacking mid-fielder has scored some superb goals.

Keeley Penny 24 Compact full back with fine close control making her comfortable on the ball who likes to get forward when possible. Originally with Mill Hill United and with Club from 2000/01 season

Samuella King 18 Powerful wide mid-fielder in second season with Club who will brush opponents aside once into her stride. Creates mayhem for opposing defences with her strength and close control as she races in from wide positions

Natasha Adjobia 23 With the Club since 2000/01 and another from the Mill Hill United stable. Will dominate central midfield and equally at home powering forward, often scoring as well as making goals, and covering in front of the back four.

Sarah Cleary 21 Wide midfield player who joined in 2000/01 season and rarely misses a game. Has scored some spectacular long range goals and some fine dead ball goals from free kicks, penalties and corners. Drops back well to cover when needed either down the flanks or in the middle. Fine header of the ball and a more than competent 'keeper when the need arises

Nicola Long 16 Prolific striker in second season with the Club currently sidelined by broken ankle sustained in quarter final tie. Fast and direct player with the confidence to try for the spectacular – often successfully - but just as happy to scramble them home.

Marrianne Sheena 24 Strong running striker very difficult to dislodge from the ball and frequent scorer of goals both spectacular and simple. Founder member also from the Mill Hill United fold but participation interrupted by University and professional studies

Nicola Cable 19 In first full season with the Club and only problems in making long away journeys has prevented her from being an ever present. Very dangerous near goal and single-handedly shot the team into the Final with all four semi-final goals

Jade Bowley 16 Fast running winger in 2nd season with Club and now challenging for regular starting line up place.

Natalie Reddicks 24 Ball playing midfielder who joined the club in January this season. Excellent close control and a good reader of the game. Has seen experience with Chelsea and QPR in the past.

Annika Quartey 21 In fourth season with the Club. Tough tackling mid-fielder on the fringe of becoming a regular starter who quickly makes her presence felt when introduced as a substitute

Elizabeth Gatonye 18 Strong attacking mid-fielder who joined the Club mid season and has made several appearances as substitute

Helen Orsman 31 Goalkeeper signed as cover from London Colney just before this seasons closing date and soon made successful debut in Semi-Final as injuries took their toll.

Johanna Sophocleous 24 In third season with the Club. Very direct striker who will battle hard for every ball

Jade Thirkettle 15 Strong full back in second season with Club – another currently on the injured list and mainly used as a substitute to date.

Ariela Cesana 32 In third season with the Club. An attacking mid-fielder who was converted to goalkeeper in emergency situation with some success.

Tamara Williams 22 Midfielder signed up at the last moment this season whose chance quickly arrived through injuries. Made her debut as substitute in Semi-Final

Nicola Williams 23 Ex Mill Hill United and founder member of the Club whose father, Rob, was the Club's first manager jointly with current Club Secretary John Bacon. Left back who concentrates on safety first and covers the middle well. University and Post-Graduate Studies have limited her appearances in recent seasons.

Natalie De Hann 29 Founder member and regular central defender but out since October 2002 with cruciate injury. Still hoping to make a comeback eventually after several operations. Another from the Mill Hill United stable having won an All England 5 a side Championship medal with them

Stacey Penny 23 Very strong defender and with the Club since 2000/01 season. Younger sister of Keeley and also from the Mill Hill United fold. Has missed most of this season due to impending motherhood.

Evelin Pitisci 24 Diminutive mid-fielder who joined the Club at the start of the season and has made some appearances as substitute.

Stacey Cable 17 Younger sister of Nichola and joined with her this season. Strong full back who has made limited appearances as yet

Eric Bikubi (Team Manager and Coach) 22 In second season with Club and enjoying the fruits of success as team has steadily improved since he took over. Level 2 Coaching Certificate holder. Has played Ryman League Football with Wembley and Kingsbury Town and now a regular central defender in Haringey Borough Reserves line up.

Haringey Borough LFC

BRIEF HISTORY OF HARINGEY BOROUGH WOMENS FC

The **HARINGEY BOROUGH** women's team was formed at the start of season 1999/2000 and played only occasional "friendlies" in that first season.

In the summer of 2000 it then merged with Mill Hill United - at that time effectively "a feeder" team of National League side Wembley Mill Hill (which had itself operated under the name of Mill Hill United from 1983 to 1997 enjoying huge success) and which had been accepted into Division 2 of the Eastern Region League for season 1999/2000, gaining promotion to Division 1 as runners-up to Saffron Walden Town while based at the rather bleak Donkey Lane Playing Fields in Enfield.

The merged Club adopted the name of Haringey Borough and re-located at the Coles Park stadium of the Spartan South Midlands League club founded in 1907 in White Hart Lane, Tottenham.

Season 2000/2001 saw the Club finish with a run of 16 unbeaten matches but the improving team had to accept the bitter disappointment of finishing third on goal difference to runners up Woodbridge Town, one point behind the Divisional Champions, Haverhill Rovers, despite having won on both of those clubs grounds during the run-in. The team also enjoyed an early WFA Cup run, eliminating two Greater London League sides - one of them a Premier Division team - before being dismissed by neighbours Tottenham Hotspur also of that League's Premier Division.

Season 2001/2002 saw the team make a poor start but having recovered to put together a closing run of 9 unbeaten League games promotion to the Premier Division was secured this time round - as runners-up, three points behind Cambridge Kestrels. The League Plate was garnered with a 4-1 victory over Cottenham at Cambridge City's ground; and the team was unbeaten at Coles Park in competitive matches. To complete a marvellous season the Regional 5 a side Trophy was also won at Cambridge in a competition featuring 18 teams.

2002/03 was a season of consolidation in the Premier Division, which Borough actually led for two weeks in mid-season, before finishing a comfortable 4th and the season again ended on a high note by the retention of the Regional 5 a side Trophy.

Having been rocked by a sudden spate of long term injuries and departures of erstwhile regular players, the Club struggled through season 2003/04 but with a late burst succeeded in preserving its Premier Division status by finishing above three other teams. Recruitment during the summer ensured a more successful 2004/05 campaign and the team appeared in the finals of five small sided competitions in the summer of 2004 and finished in a safe mid-table position in 2004/05 after another worrying start. Season 2005/06 also got off to a poor start in the League but Cup successes saw the Club win through two preliminary rounds of the WFA Cup only to lose to Staines Town in the first round proper by 2-5 after having led by two goals at the 60 minute stage. A mid-season revival as the Club caught up with its League fixtures ensured mid-table comfort again with the Cup Final appearance maintaining excitement to the last kick

HONOURS WON

Runners-up Eastern Region Division 2 - 1999/2000 (as Mill Hill United)

Runners-up Eastern Region Division 1 - 2001/2002

Winners Eastern Region Plate - 2001/2002

Winners Newport Pagnell Town 6 a side summer Tournament - 2000

Winners Brentwood Town 5 a side summer Tournament - 2001

Winners Eastern Region 5 a side Tournament - 2002 and 2003

Winners Colchester United 5 a side Tournament - 2002

Runners-up Enfield Town 5 a side summer Tournament - 2004

Runners-up Brentwood Town 5 a side summer Tournament - 2004

Winners of Plate in Long Lane (Addeyans) 5 a side summer tournament 2004

Runners-up East Barnet Carnival 6 a side summer Tournament 2004

Runners-up Stevenage Borough Vixens 6 a side summer Tournament 2004

Sawbridgeworth Town WFC

Club History 1989-2006

Since Harlow Town Ladies Football Club was formed in the 1989/90 season there have been many changes to the playing staff, but the management has remained the same. As the club progressed it had always been the aim of the club to go as far as it can within the boundaries of Ladies Football. Over the years Harlow Town had always been there or there about when it came to trophies as for the first 6 seasons they were involved in one or other of the League Cup competitions. Winning the 'League Cup' in the 91/92 season and the 'The Lisa Slater Memorial Shield' in the 93/94 season and the biggest prize to date winning the 'Essex County Cup' in the 95/96 season. As with all ladies clubs it seems that it is inevitable that players move on and during the close season of 95/96 Harlow Town saw its fair share of movement out of the club of many good players for one reason or another. Luckily there had been a steady flow of players coming into the club but as with all situations like this, the players coming in were not always of the same ability of those departing and once again the club had to train and educate players so that they could fit in and play football along side the other club members.

During this period of time it had become evident that for ladies football to progress further there had to be an outside influence that supported the development and progress of the ladies game. Ladies clubs throughout the UK were now well aware that this progress can only happen if you are lucky enough to be associated with an established men's club. Although Harlow Town F.C. had shown great interest to continue the set up with the unaffiliated Ladies team of the same name they were not forthcoming with regard to a closer relationship. Bishop's Stortford FC became aware of the situation and the then general manager of BSFC John Radford (ex Arsenal) approached the management of the ladies club and offered the chance to become the ladies section of BSFC, after discussions the management of the ladies club felt that it would be in the best interests of the club as a whole that Harlow Town Ladies Football Club changed its name and become as a whole Bishop's Stortford Ladies Football Club.

The top local side had been Bishops Stortford F.C. for some time now and the men's club has been instrumental in the chance for the ladies club to participate as the women's arm of the club for that season and beyond. A major recruitment drive for players of all ages from 14 upwards had taken place to strengthen for the future and for this season there had been 9 new signings, some of them coming back to the club after spending a few seasons away with other clubs, and new players to the game of ladies football who are capable of progression into the first team after a short period of training was well within their capabilities. Even so, with the change of management at the top end of BSFC at the end of the 2000-2001 season it became apparent that the new management committee of Bishop's Stortford FC did not look to feature the ladies within its core activities. Having played all their games for that season at Sawbridgeworth Town Football Club there was already a divide between the ladies and the men's club. At this time the then secretary of Sawbridgeworth Town FC Barry Mutimer approached the management of the ladies team and asked the question, "If as a club you are not happy with the set up at Bishop's Stortford we (Sawbridgeworth Town FC) would be very happy to have you as the ladies section of our club" After discussions within the ladies club a decision was made to accept the offer. At the start of the 2001-2002 season Sawbridgeworth Town Women's Football Club was the new name of the club.

Since that time the ladies section has taken its time to settle and the first two seasons saw many players leave as well as new players arrive. This caused the ladies to be very unsettled and this was shown in the results gained. At the end of the 2002-2003 season Sawbridgeworth Town Women's Football Club was relegated to Division One of the Eastern Region Women's Football League and because as a result of the relegation the club gained points for the first time in many months. During the short time that the ladies have been associated with Sawbridgeworth Town FC there has been many moves made to integrate with the junior and senior sections of the club with the ladies and with these greater ties being formed between the men's, women's and junior sections of the club it has given a greater sense of being home for the first time since the ladies were formed. At the start of the 2005-2006 season the ladies section could boast a playing strength of 31 players with some 80% living within a 8 mile radius of Sawbridgeworth and several other players that are training with the club with a view to playing when their ability improves. To help this improvement Sawbridgeworth Town Reserves was formed and have now completed their first season in the Essex County Women's League. A flourishing junior girls section was re-formed some 4 months ago and regularly trains up to 15 girls each Tuesday, it is hoped that these will be the future of the ladies section. At the end of the 2004-2005 season Sawbridgeworth Town WFC played in its first final which resulted in a narrow defeat against Peterborough. At the end of the 2005-2006 season Sawbridgeworth Town WFC are again competing in a final, lets hope the end result this year favours the Robins.

Sawbridgeworth Town WFC

Pen Pictures

- Ann Anstey: (25)** A tenacious midfield player who does not understand the words 'give up'. Competent with both feet and has scored the odd goal. A superb talent in the middle of the park
- Nicky Clifford: (35)** A greatly improved defender who has made the right back slot her own. Now more adventurous as she pushes forward and recovers well to support her fellow players.
- Laura Day: (22)** The clubs top goal scorer who has just recovered her form. A barren spell of some 8 games has been put aside as she has hit the net 5 times in the last three outings. Good feet and a footballing brain.
- Judith Duffin: (26)** A very quick and talented player who has emerged this season as an outstanding player. A recent injury has prevented her from achieving the goals that she has set her self this season.
- Gaynor Fisher: (23)** Has shown good ability in the games played this season. A recent injury has prevented the improvement that this player had shown in earlier games
- Hannah Fraser: (23)** A very quick talented defender who always seems to get the ball when to all it is lost. Has made the left defensive spot her own with some outstanding performances.
- Jackie Frost: (35)** Jackie has been a second keeper for the first team this season coming into the squad when needed from the Reserves. A 100% player wherever she plays.
- Jo Gregory: (27)** Has played all across the park and has always acquitted herself above expectation. A very dependable player. The type of player every squad should have, not only a talented player but also very competent in all aspects of the game
- Clare Halfpenny: (33)** A quick defender who has been used in midfield and attack. Has also scored goals last term. Dedicated to fitness. Will push through the pain barrier for her team because she does not like to be beaten.
- Robyn McFayden: (19)** A solid and focussed defender who is quick to assess the situation and to carry out the remedy. Belies her young years. A player who is one of those that is first on the team sheet each week. An almost must play player.
- Jessica Pyne: (17)** One of the younger members of the squad who has improved every season. A tough tackling defender that has great prospects.
- Claire Poulton: (17)** 'Taz' as the nickname suggests is an all over small dynamo that sees her ability light up when she is on the ball. Another younger player that has improved greatly this season
- Carlye Stein: (33)** A central midfielder who has had to adapt to the right midfield and has slotted into that position with ease and has picked up goals as also she supports the front line well.
- Jackie Stott: (24)** Has the ability to hold and slow down play to her speed while showing speed of mind and feet. Solid in the tackle superb distribution. A powerhouse midfielder who also has deft of touch. Free kicks and corners are driven or floated into the danger area with precision.
- Claire Taylor: (28)** A recent signing who started with Sawbridgeworth Town Reserves but her quality has seen her progression to the first team squad. A very talented forward who links well with other players. A very good prospect
- Natalie Till: (35)** Starting the season as first choice forward Natalie looked like she was getting back her fitness when injury struck. Back and knee problems prevented her re-emergence onto the regional scene.
- Debbie Williams:(36)** Goalkeeper who throughout last season did her fair share of work to keep the side alive in games that should have been dead and gone. A fearless keeper who will put her head where the boots are flying to save the ball.
- Nina Witteridge: (25)** Captain with an extreme desire to win every game and drives every player to feel the same. Strong, determined, and focussed. Has shown great maturity this season in her self awareness and self motivation.
- John Day:** Club assistant who helps on match day by running the line. A thankless task that he does with great understanding and ability.
- Dave Dawson:** Manager, Coach, etc. 27 years experience with the last 16 years of those with the ladies. Qualified FA Coach who is dedicated to coaching the game in the right spirit and attitude.

Sawbridgeworth Town WFC



